



# Pomeranian Medical University in Szczecin

## SYLLABUS of the MODULE (SUBJECT)

valid from the academic year 2017/2018

### General Information

Module title	Medicine / Palliative Care in Dentistry: Psychosocial Aspects
Module type	<i>Elective</i>
Faculty	<i>Faculty of Medicine and Dentistry (WL-S)</i>
Field of study	<i>Medicine and Dentistry (KLD)</i>
Major	<i>Not applicable</i>
Level of study	long-cycle (S2J)
Mode of study	intramural
Year of studies, semester	<i>Year III, Semester II</i>
ECTS credits (incl. semester breakdown)	<i>1</i>
Type/s of training	<i>Seminars (25h)</i>
Form of assessment	x <i>Graded assessment, oral</i>
Head of the Department/ Clinic, Unit	<i>Assoc. Prof. Aleksandra Kładna, MD, PhD</i>
Tutor responsible for the module	<b><u>Assoc. Prof. Aleksandra Kładna, MD, PhD</u></b> <i>Maria Ustianowska, DMD, PhD</i> <i>Edyta Skwirczyńska, DHSci (sociotherapist, psychoterapist)</i>
Department's/ Clinic's/ Unit's website	<i><a href="https://www.pum.edu.pl/wydzialy/wydzial-lekarsko-biotechnologiczny/zaklad-historii-medycyny-i-etyki-lekarskiej">https://www.pum.edu.pl/wydzialy/wydzial-lekarsko-biotechnologiczny/zaklad-historii-medycyny-i-etyki-lekarskiej</a></i>
Language	English

\*replace ☐ with X where applicable

## Detailed information

<b>Module objectives</b>		<b>Elective course „ Medicine / Palliative Care in Dentistry: Psychosocial Aspects” is aimed at:</b> 1. Preparing students to identify and address psychologic and social problems related to advanced-stage illness; 2. Teaching students how to help patient and their families in building strategies to cope with illness, based on the patient’s / family members’ strongest psychological features 3. Helping students to develop knowledge and skills useful in professional contacts with patients with terminal illness, e.g., terminal cancer, and their families; 4. Teaching students how to use interpersonal skills when coping with psychologic burdens related to their patients’ illness and treatment; 5. Acquainting students with the concept of hope as a crucial component of treatment and recovery support.	
Prerequisite /essential requirements	Knowledge	None	
	Skills	None	
	Competences	Respect to others; responsible attitude towards tasks accepted; ability to work in teams.	
<b>Description of the learning outcomes for the subject /module</b>			
<b>No. of learning outcome</b>	<b>Student, who has passed the (subject) knows /is able to /can:</b>	<b>SYMBOL (referring the standards) ZEK</b>	<b>Method of verification of learning outcomes *</b>
W01	knows state-of-the-art approaches regarding social dimensions of health and disease, influence of family social environment, social relationships networks and social inequalities on health state and socio-cultural differences and role of social stress in health-related and self-destructive behavior	K_D.W01	O, SP, PS
W02	understands symbolic importance of health, disease, disability and senility in terms of social attitudes, social consequences of disease and disability and social-cultural barriers; knows current concept of life quality affected by health state	K_D.W03	O, SP, PS
W03	understands importance of verbal and non-verbal communication in process of communication with patients and concept of trust in interactions with patients	K_D.W04	O, SP, PS
W04	understands operation of medical institutions and social role of doctor	K_D.W05	O, SP, PS
W05	knows basic psychological mechanisms during health and disease of human being	K_D.W06	O, SP, PS

W06	knows mechanisms of adaptation to disease as difficult situation; phases of adaptation to threatening events, and patient's needs and issues regarding dying and mourning	K_D.W08	O, SP, PS
W07	recognizes mechanisms of dealing with stress and its role in etiopathogenesis and course of diseases	K_D.W09	O, SP, PS
W08	knows rules of motivation of patients for health-oriented behavior and reporting on unfavorable prognosis	K_D.W11	O, SP, PS
W09	knows principles of operation of therapeutic (psychotherapeutic) team	K_D.W13	O, SP, PS
W10	knows patients' rights	K_D.W15	O, SP, PS
U01	takes subjective needs and expectations of patient resulting out of social and cultural conditions into consideration in therapeutic procedure	K_D.U01	O, SP, PS
U02	chooses treatment to minimize social consequences for patient	K_D.U03	O, SP, PS
U03	develops trust during entire therapy	K_D.U04	O, SP, PS
U04	takes actions aimed at improving quality of patient's life and preventing deterioration thereof in future	K_D.U05	O, SP, PS
U05	interviews adult patient, child and family applying techniques of active listening and expressing empathy	K_D.U06	O, SP, PS
U06	works in multi-professional team, in multi-cultural and multi-national environment	K_D.U10	O, SP, PS
U07	abides by applicable laws and regulations and follows ethical model established by medical society	K_D.U11	O, SP, PS
U08	complies with patient's rights, incl. of right to protect personal data, rights of privacy, right of information on health state, right to express conscious consent to treatment or relinquishment thereof, right of dignified death	K_D.U12	O, SP, PS
U09	recognizes his/her personal constraints, self-evaluates deficits and education requirements, plans his/her own education activity and evaluation thereof	K_D.U14	O, SP, PS
U10	shares knowledge with other people	K_D.U16	K (oral assessment)
K01	shows habit of self-education and lifelong education	K_K01	
K02	accepts need of standards of conduct and legislation regarding medical practice	K_K02	
K03	can co-operate with team members and care about occupational safety	K_K03	
K04	shows respect to human body	K_K04	
K05	shows respect to patient, social groups and cares for their goodwill and security	K_K05	
K06	understands proper examiner/examined relationship	K_K08	
K07	understands need for keeping professional secrecy and showing respect to patients' rights	K_K09	

Table presenting learning outcomes of the subject/module in relation to the form of classes								
No.	SYMBOL (referring the standards) ZEK	Type/s of training						
		Lecture	Seminar	Practical classes	Clinical classes	...	...	Other...
1	K_D.W01		X					
2	K_D.W03		X					
3	K_D.W04		X					
4	K_D.W05		X					
5	K_D.W06		X					
6	K_D.W08		X					
7	K_D.W09		X					
8	K_D.W11		X					
9	K_D.W13		X					
10	K_D.W15		X					
11	K_D.U01		X					
12	K_D.U03		X					
13	K_D.U04		X					
14	K_D.U05		X					
15	K_D.U06		X					
16	K_D.U10		X					
17	K_D.U11		X					
18	K_D.U12		X					
19	K_D.U14		X					
20	K_D.U16		X					
21	K_K01		X					
22	K_K02		X					
23	K_K03		X					
24	K_K04		X					
25	K_K05		X					
26	K_K08		X					
27	K_K09		X					
Module (subject) contents no.	Description of teaching programme	No. of hours	References to learning outcomes					
TK01	Philosophy of palliative care.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07					
TK02	Palliative care in dentistry.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07					

TK03	Psychosocial aspects of palliative care.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK04	Problems of interpersonal communication. Disclosing unfavourable information / diagnosis.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK05	Fear and anxiety in cancer patients.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK06	How to manage stress resulting from caring for a dying patient?	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK07	Depressive syndrome.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK08	How does cancer affect patient's family?	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK09	Home-based palliative care for cancer patients.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK10	Quality assurance in palliative care.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK11	Pathological psychological reactions in the course of terminal illness.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK12	Standards and guidelines for palliative care.	2	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10 K01, K02, K03, K04, K05, K06, K07
TK13	Cooperation with patient's family in case of refusal to, or withdrawal from, further treatment.	1	W01, W02, W03, W04, W05, W06, W07, W08, W09, W10, U01, U02, U03, U04, U05, U06, U07, U08, U09, U10, K01- K07

Booklist			
Obligatory reading:			
1. Ziółkowska-Rudowicz, E., Kładna, A.,2007, Empatia jako jedna z ważnych umiejętności klinicznych. W: A. Kładna (Red.). Pielęgniarstwo. Desmurgia. Stany zagrożenia życia. Szczecin: Wydawnictwo PAM, 9-21			
2. Ziółkowska-Rudowicz, E., Kładna, A.,2008, Empathy as an important clinical skill. W: A.Kładna (Red.). Nursing. Desmurgy. Published by The Pomeranian Medical University of Szczecin, 9-20.			
3. Ziółkowska-Rudowicz, E., Kładna, A.,2010,Kształcenie empatyczne lekarzy: Część I- Przegląd stosowanych metod. Polski Merkuriusz Lekarski, XXIX,172,277-281			
4. Ziółkowska-Rudowicz, E., Kładna, A.,2010,Kształcenie empatyczne lekarzy: Część II- Wczesne zapoznanie studentów z sytuacją pacjenta. Polski Merkuriusz Lekarski, XXIX,172, 282-286.			
5. Ziółkowska-Rudowicz, E., Kładna, A.,2010,Kształcenie empatyczne lekarzy: Część IV- Rozwój umiejętności leżących u podstaw empatii. Polski Merkuriusz Lekarski, XXIX,174, 400-404			
6. Postawy opieki paliatywnej. Krystyna Walden - Gałuszko, Wydawnictwo Lekarskie PZWL 2007, Warszawa, 2006			
7. Opieka paliatywna w Polsce – wybrane zagadnienia. Część I. Założenia, organizacja i funkcjonowanie opieki paliatywnej, Urszula Kurczewska, Magdalena Jasińska, Daria Orszulak-Michalak			
8. Cybulski, Mateusz; Krajewska-Kułak, Elżbieta. <i>Opieka nad osobami starszymi</i> . Red. . Warszawa: Wydawnictwo Lekarskie PZWL, 2016, 272 s. ISBN 978-83-200-5100-1			
Supplementary reading:			
1. Ziółkowska-Rudowicz, E., Kładna, A., 2010, Kształcenie empatyczne lekarzy: Część III - Kontakt studentów z literaturą, teatrem, filmem i sztuką. Polski Merkuriusz Lekarski, XXIX,173, 331-335			
Student’s workload (balance sheet of ECTS credits)			
Form of student’s activity (in-class participation; activeness, produce a report, etc.)	Student’s workload [h]		
	Tutor	Student	Average
Contact hours with the tutor	15		
Time spent on preparation to seminars/ practical classes	15		
Time spent on reading recommended literature	20		
Time spent on writing report/making project			
Time spent on preparing to colloquium/ entry test	10		
Time spent on preparing to exam			
Other .....			
Student’s workload in total	60		
ECTS credits for the subject (in total)	1		
Remarks			

\* Selected examples of methods of assessment:

EP – written examination

EU – oral examination

ET – test examination

EPR – practical examination

K – colloquium

R – report

S – practical skills assessment

RZC – practical classes report, incl. discussion on results

O – student's active participation and attitude assessment

SL – lab report

SP – case study

PS - assessment of student's ability to work independently

W – entry test

PM – multimedial presentation

other...